

# Holy Trinity School Granville Newsletter



Term 4 Week 2

**25th October**, **2019** 

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#### Notice required Before Moving Students from School

10 school weeks in writing must be given to the principal before removal of a student or a full term's fees will be payable.

This requirement is in recognition by the family of the commitment to assist funding of the School by having their child take a place that could have been offered to another family.

Dear Parents and Friends,

## THE SCIENCE OF MOTIVATION

If students aren't motivated, learning won't happen. What's going on in children's brains when they're motivated, and what's holding them back? There are two types of motivation: *approach motivation*, which directs us toward a reward, and *avoidance motivation*, which helps us to avoid damage. Ideally, they balance each other out. Caring adults can help students develop the motivation systems that will serve them well, long into adulthood.

#### HOW TO BUILD HEALTHY MOTIVATION IN YOUR CHILDREN

**Encourage curiosity and exploration.** Beyond their basic needs, children are motivated by exploration, play, mastery and success. Parents can reinforce these motivations rather than being overly fearful that children will get hurt - fears that can rub off. Caring adults whom children can trust can help them figure out what to actually be afraid of and avoid.

**Don't rely on incentives.** The goal is to help kids develop their own inner fire to learn. Children can stop engaging in activities once they've been given a tangible reward for it. Systems focused solely on external rewards and punishments are unlikely to achieve sustained, productive motivation. Positive feedback is more likely to support healthy motivation.

**Remind children that success is possible.** We're unlikely to be motivated to do anything if we think it's impossible. A growth mindset - the belief that we can change and improve through practice - enables children to get motivated.

**Social interaction.** From babies to adolescents, social interaction is a key to motivation, releasing natural opioids that activate the brain's reward system. In our digital world, apps and screens can be supplements for learning, but in-person interactions remain essential.

**Remember we all have different intrinsic motivators.** A child intrinsically motivated to play sports might respond well to constructive criticism from a coach but another student might respond more to encouragement and get discouraged by criticism. These different motivation systems may be due to children's genes and their life experiences, and they might require different approaches to motivate them.

Despite the common misperception that some people naturally have or lack motivation, science shows that the nature of parent/child relationships and opportunities for safe exploration affect the development of these systems - for better or for worse.

Love Serve Hope

Philip Mahony Principal 95%

Attendance week ending 18/10/2019

# Premier's Reading Challenge

Congratulations to all the children at Holy Trinity for participating in the Premier's Reading Challenge.

A special congratulations to all the students that will be receiving a Platinum Award for their seventh year completing the challenge. We also have students receiving a Gold Award for their fourth successful year in the PRC. All students will be presented with their certificates later this term.

Caroline Taouk, Teacher Librarian

### **KINDERGARTEN ENROLMENTS 2020**



If your child turns 5 by 31<sup>st</sup> July 2020, they should enrol for school for next year.

Please collect an enrolment package from the school office and return the completed forms with all the required documentation now.



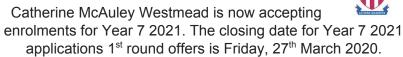
# Coming Next Week - New Look Update and Newsletter From Skoolbag App

Skoolbag is our primary parent communication tool for day-to-day operational matters, upcoming events, notices, notifications and now the new Newsletter and Update, so it is **essential that all parents download the app**.

This free app can be downloaded to your mobile device, including iPads, from the App Store (iphone / ipad) OR Google Play (Android). It's a great way to stay informed when it matters!

Contact the school office if you need assistance.

# Catherine McAuley Westmead Enrolments for Year 7 2021



Parents and their daughters have the opportunity to tour the school campus at one of our upcoming school tours specifically for Year 7 2021 applicants, but open to any year group.

Tuesday 12<sup>th</sup> November and Thursday 5<sup>th</sup> December 2019 9.15 – 11am

Parents and students will have the opportunity to tour our school on a normal school day. You will be able to view our school grounds and facilities, go into classrooms and meet our students and teachers.

Enrolment packs will be available on the day.

Contact School Reception on 9849 9100 to book a place.

# Birthday Celebrations

Congratulations to the following students who celebrate their Birthday in October:

Mia S, Sharon S, Tamara S, Lukacs B, Angelina T, Alvin C, Wadie H, Maxine G,
Aarya B, William B, Gabryella A, Noah S, Christabelle A, Fenton E, Finnick E,
Charbel A, Faith T, Abigail D, Chanel T.



# Student of the Week Week ending 18/10/19







#### **Calendar Dates**

Sunday 27th October - Family Fair in Holy Family School Grounds - 10am-3pm

Monday 28th October - Wolves Basketball Program 3:15-4:45
Wednesday 30th October - Wolves Basketball Program 3:15-4:45

Friday 1st November - Staff Development Day - No School for Students

All Saints Day

Saturday 2nd November - All Souls Day

